

Entry 7

Some Truths about Your Vibration

There is a lot of noise out there about a person's vibration and how it can be raised and what it means and what it is in comparison to another's.

There is a great deal of fantasy and ego mixed into the discussion.

What is your vibration - what I have been told is that your vibration and its swing or level is simply an indication of the clarity of the connection between your consciousness and your Soul. Some people talk of bringing your Soul back into your body and that this is a requirement for ascension. Again, this is not the message I received. Mine says that your Soul is already in you and it is only a question of whether or not you are able to communicate with It and how well.

It pretty much amounts to the difference between having a really bad, a somewhat okay or a super telephone or internet connection.

What we seem to have created in the collective consciousness is the idea that some people out there in the world have a better connection to God and therefore we should be following them or putting them up on pedestals. This is tricky. If they have something to share, then



listen. It may be that they can see further because they are higher up their mountain and can give you a broader view as they can access a wider perspective, so to speak.

Does it make them better than you? No! So if they expect you to follow them rather than develop your own connection, they are missing the point and are not worth listening to any longer. All the best teachings I have learned from have said that the new human, the next development that we will experience, is one where we see the Divinity in ourselves. Anyone who is not teaching you that, is on a power trip.

They have the same Soul - God did not create grades. We all have the same Soul and we all have access to the same information as there is only one Creator and we were all made in Its image and likeness - if you want to use traditional Christian terminology.

The ones we admire are simply attractive to us because, from what they say and what they understand, they show us that they have a better internet connection to THEIR Souls.

So when someone tests you and says that your vibration tests as 'x' and the person next to you is 'y', it does not mean that the person next to you is in any way better or more saintly than you. All it means is that they have a better connection to their Soul than you do to yours.



Since The Soul is always There and a better connection is all IT wants, a high vibration is possible for everyone. IT does not mean that The other person is on a better or more accurate path to ascension or that they are closer to ascension than you are. IT only means that they have a better telephone line that they have built, maintained and strive to keep clear.

This is a possibility for everyone and in fact the job of everyone. If we do not have this connection in place, we cannot achieve our Soul purpose and make our true contribution to The Whole; and in that case, we may as well have been sleeping through the whole experience.

Jesus (Jeheshua) said that The Kingdom of God is within you, not somewhere outside waiting to come in and not something separate that you have to clear space in you for, so IT can enter.

IT is inside of you!

IT means that the only practice you need to follow is one that will upgrade and nurture your telephone connection. Only then, as He said, will we do more than He. Some of us think of Him as one of the ultimate examples of spiritual development and He says we can do even more. He is right. We can and we will be able to, if we just follow His example and make that connection.

The times are different. First of all, there are more people now telling us that the power lies within so it is no longer a strange or



blasphemous concept. There are people out there showing us that this is true, too, by what they are able to accomplish and achieve. Times are different. We have access to more information and methods that can help us achieve the level he achieved, and at a far faster rate than we believe possible - we do not have to spend years travelling the world to learn and study and practice with others. Once we take the first step, that of accepting that this is true, we are on the way.

Continued ..

*Dear Diary, My Soul Speaks
A Return To Consciousness ... A Return To Godhead*

Allison Patricia Long

